

How to Use the Countdown Scale Ring

The countdown scale can be used to measure the time remaining until the target time in a simplified manner.

- Time remaining until target time

1 Turn the operation crown to align the ▽ mark with the target time.



2 Read the graduation to which the minute hand is pointing.

- The graduation on the ring to which the minute hand is pointing indicates the time remaining until the target time.



* “▽” may be another mark.

* Depending on the model, the countdown scale may be indicated on the rotating bezel, or otherwise. In these cases, turn the rotating bezel to align the ▽ mark with the target time.